



## **Local Wellness Policy: Triennial Assessment**

### **Background Information**

An assessment of your school wellness policy must be conducted a minimum of once every three years; however, Local Educational Agencies (LEAs) may assess their policy more frequently if they wish. The results of the assessment must be made available to the public.

### **Purpose**

The template below is offered as a way to summarize the information gathered during your assessment. Members of a school wellness committee who are completing their triennial assessment for their school wellness policy may use this template. It contains the three required components of the triennial assessment, including 1) compliance with the wellness policy 2) how the wellness policy compares to model wellness policies 3) progress made in attaining the goals of the wellness policy.

### **Results**

The copy of the assessment must be made available to the public. How the assessment is made available is the decision of the LEA. Many LEA's choose to post the results on their district website. The triennial assessment summary and the assessment details (e.g. WellSAT 3.0 report) must be shared.

### **Recordkeeping**

Keep a copy of the most recent triennial assessment, along with supporting documentation on file. This will be needed when you have a School Nutrition Program administrative review.

# Local Wellness Policy: Triennial Assessment Summary

## Section 1: General Information

School(s) included in the assessment:

Millington Elementary, EA Harrold Elementary, Millington Middle, Millington Central High School

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Month and year of current assessment: May 2021

Date of last Local Wellness Policy revision: July 2020

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Website address for the wellness policy and/or information on how the public can access a copy:

[www.millingtonschools.org](http://www.millingtonschools.org)

## Section 2: Wellness Committee Information

How many times per year does your school wellness committee meet? 2-3

Designated School Wellness Leader Name	Job Title	Email Address
Rachel Hennings	District CSH Coordinator	rhennings@millingtonschools.org

### School Wellness Committee Members

Name	Job Title	Email Address
Vicki Chen	Supervisor of Nutrition	vchen@millingtonschools.org
Murlisse Burdette	Cafeteria Manager	mburdette@millingtonschools.org
Gwen Hunt	Nutrition Tech	ghunt@millingtonschools.org
Donna Jones	Cafeteria Manager	djones@millingtonschools.org
Cindy Clifton	Cafeteria Manager	cclifton@millingtonschools.org
Michelle Biggers	Nutrition Tech	jbiggers@millingtonschools.org
Pat Lapradd	PE Teacher	plapradd@millingtonschools.org

### Section 3. Comparison to Model School Wellness Policies

Complete the [WellSAT3.0 assessment tool](#) and keep a copy of the results on file for at least three full school years plus the current year, as it will be reviewed during the next administrative review of your school nutrition program.

Indicate model policy language used for comparison:

☒ Alliance for a Healthier Generation: Model Policy

☒ WellSAT 3.0 example policy language

☐ Other (please specify): \_\_\_\_\_

Describe how your wellness policy compares to model wellness policies.

Our policy was originally developed using the Alliance for a Healthier Generation Model Policy. When we were introduced to WellSAT 3.0 we incorporated it into our policy.

### Section 4. Compliance with the Wellness Policy and Progress towards Goals

At a minimum, local wellness policies are required to include:

Specific goals for:

- Nutrition promotion and education
- Physical activity
- Other school-based activities that promote student wellness.
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.